

# BABES IN ARMS

## PARENTING GROUP

EVERY FRIDAY  
MORNING 10 AM  
TO 12 PM AT  
THE CARROT  
COMMUNITY  
COFFEEHOUSE

COME CONNECT WITH  
OTHER PARENTS IN  
YOUR COMMUNITY!

For more info, email Trisha at  
[trisha.estabrooks@gmail.com](mailto:trisha.estabrooks@gmail.com)

9351-118 AVE. PHONE 780-471-1580 [WWW.THECARROT.CA](http://WWW.THECARROT.CA)